



Cheerleading & Tumbling Classes

Cheer Tumbling	
Level 1	Mondays 5:30-6:00, Tuesdays 6:00-6:30 (6:45-7:15 until 3/19), Thursdays 5:30-6:00
Level 2	Tuesdays 5:00-5:30, Thursdays 6:30-7:00
Level 3	Tuesdays 5:00-5:30, Wednesdays 6:00-6:30
Level 4/5	Wednesdays 5:30-6:00, Thursdays 7:00-7:30
Ages 6 & up (5 & under if LCC team member) \$35/4 week session or \$10/class drop in	

Recreational Tumbling	
Beginner	Mondays 6:00-7:00, Tuesdays 4:00-5:00, Wednesdays 5:00-6:00, Wednesdays 7:00-8:00, Thursdays 5:00-6:00, Saturdays 10:30-11:30
Intermediate	Tuesdays 4:00-5:00, Wednesdays 6:30-7:30, Thursdays 5:00-6:00, Thursdays 6:00-7:00, Saturdays 11:30-12:30
Advanced	Mondays 7:00-8:00, Tuesdays 5:30-6:30
Ages 7 & up (6 & under if LCC team member) \$68/4 week session	

Jumps, Flyer Strength & Flexibility, Conditioning	
Jumps	Thursdays 6:00-6:30 (5:45-6:15 until 3/28)
Flyer Strength & Flexibility	Wednesdays 5:30-6:00
Conditioning	Mondays 6:00-6:30
Ages 6 & up for Jumps and Flyer Strength & Flexibility, previous cheer experience required Ages 8 & up for Conditioning \$35/4 week session or \$10/class drop in	

Stunting	
Levels 1-2 Group Stunts	Mondays 6:00-6:30, Tuesdays 5:30-6:00
Levels 3-5 Group Stunts	TBA - Email amanda@lionscheercompany.com if interested in these classes
Partner Stunts	
Ages 6 & up for Group Stunts, Ages 8 & up for Partner Stunts \$35/4 week session or \$10/class drop in (partner stunt pricing TBA)	

All Star FUNdamentals	
Tiny FUNdamentals 1	Mondays 4:30-5:30, Wednesdays 5:00-6:00
Mini/Youth FUNdamentals 1	Mondays 4:30-5:30, Wednesdays 5:00-6:00
Tiny Ages 3-5, Mini/Youth Ages 6-11 \$68/4 week session (these classes run on a 12 week term)	

To register for a class, email Amanda@lionscheercompany.com or call 309-663-8413!